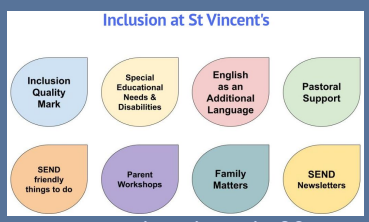
SEND Newsletter

Autumn Term,
Friday 19th December 2025

We Grow, Learn and Achieve by Following Christ

As we head into the Christmas break, I'd like to share what we've been up to, celebrate our children's achievements, and let you know about the support and activities coming up. I hope you enjoy reading it and feel part of everything we do.
We are very proud of all of our children who have worked extremely hard this term, as always! As we approach the end of term, we have been reviewing their progress. If your child is on the SEND register and has had additional support, you will have received an Individual Provision Map this week showing what support your child has been given and the progress they have made. This is in addition to the report from their class teacher. If you would like to meet to discuss it further, please do not hesitate to contact us to arrange a meeting in the Spring Term. I will also be available at our Spring Term Parents' Evenings, which will be held March.
I hope you all have a wonderful Christmas and I look forward to seeing you in the new term.
Mrs Hatfield

Visit our Inclusion Website for more information on Inclusion within the school



Visit www.ealinglocaloffer.org.uk for information about SEND support services in the Local Authority.



Useful Contacts

Our school SENCO is
Mrs Hatfield chatfield@stvps.co.uk

Our allocated Education Health Care Plan (EHCP) coordinator is: **Rakhee Mehta** rmehta001@ealing.gov.uk

SEND Officer at the Family Information Service is:
Rizwaan Pinjara children@ealing.gov.uk

Ealing Special Educational Needs and Disability Information and Advice Support Service (SENDIASS)
www.ealingsendiass.org.uk
020 3886 2062 info@ealingsendiass.org.uk

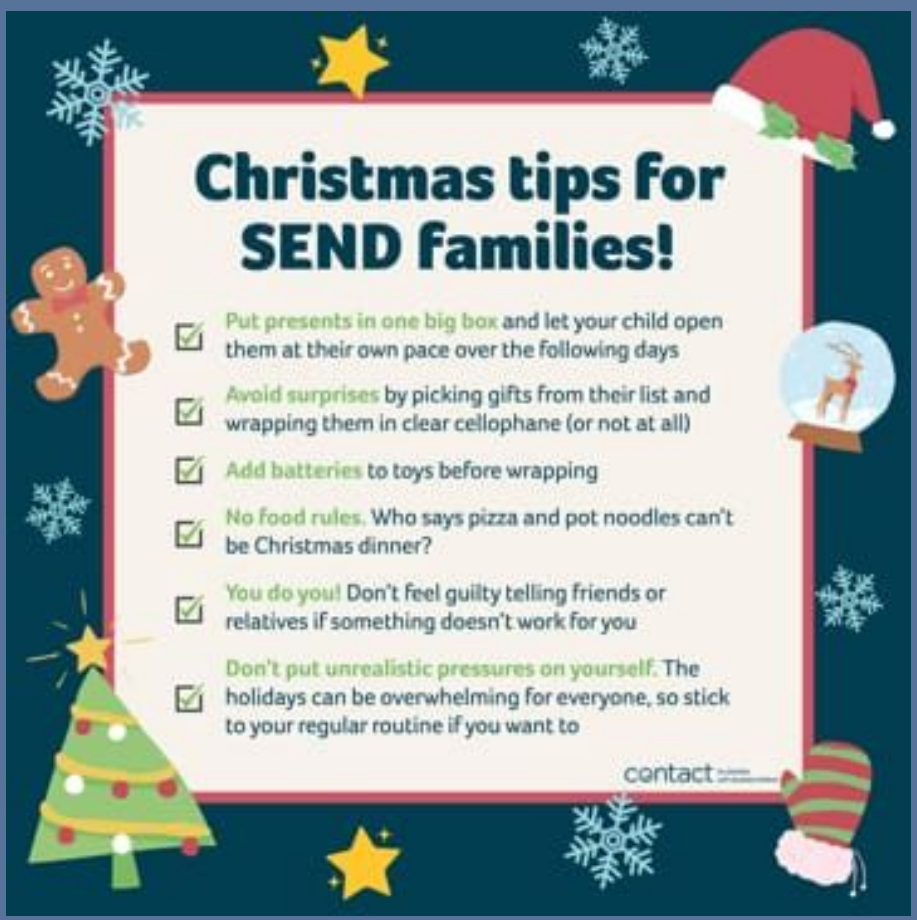
Inclusion Quality Mark

This term, St Vincent's have maintained our Flagship School status with the Inclusion Quality Mark. This is possible because of to the huge efforts made by our staff, pupils and parents. You can read the report on our website here.

Summary from the report: "The school continues to move from strength to strength in terms of its superb inclusive practice and I am firmly of the opinion that the school fully meets the standard required by the Inclusion Quality Mark to maintain its status as a Flagship School."

Parent Workshops

At St Vincent's, we recognise the importance of working with the families of the children in our care. We aim to support parents to support their children. This term, we have hosted a range of workshops within St Vincent's, which I hope have been helpful. If there is something you feel would be useful for us to run in the future, please let us know here.



Inclusive Sports

Sport plays a vital role in supporting the physical, emotional, and social development of all children. Taking part in sport helps build confidence, resilience, and a sense of achievement, while also supporting coordination, communication, and wellbeing. Just as importantly, sport should be inclusive and welcoming—every child deserves the chance to have a go in a way that feels safe and achievable for them. At St Vincent's, we strive to encourage all children to participate, whatever their ability. Coach Brown creates a variety of sporting opportunities for all pupils to 'have a go'. Below are some photos from some of this term's inclusive sporting activities.



Yr 5/6 Bowling Team
December 2025



Yr 5/6 Boccia Team
November 2025



Yr 5/6 Multisports Team
September 2025

What is Occupational Therapy?

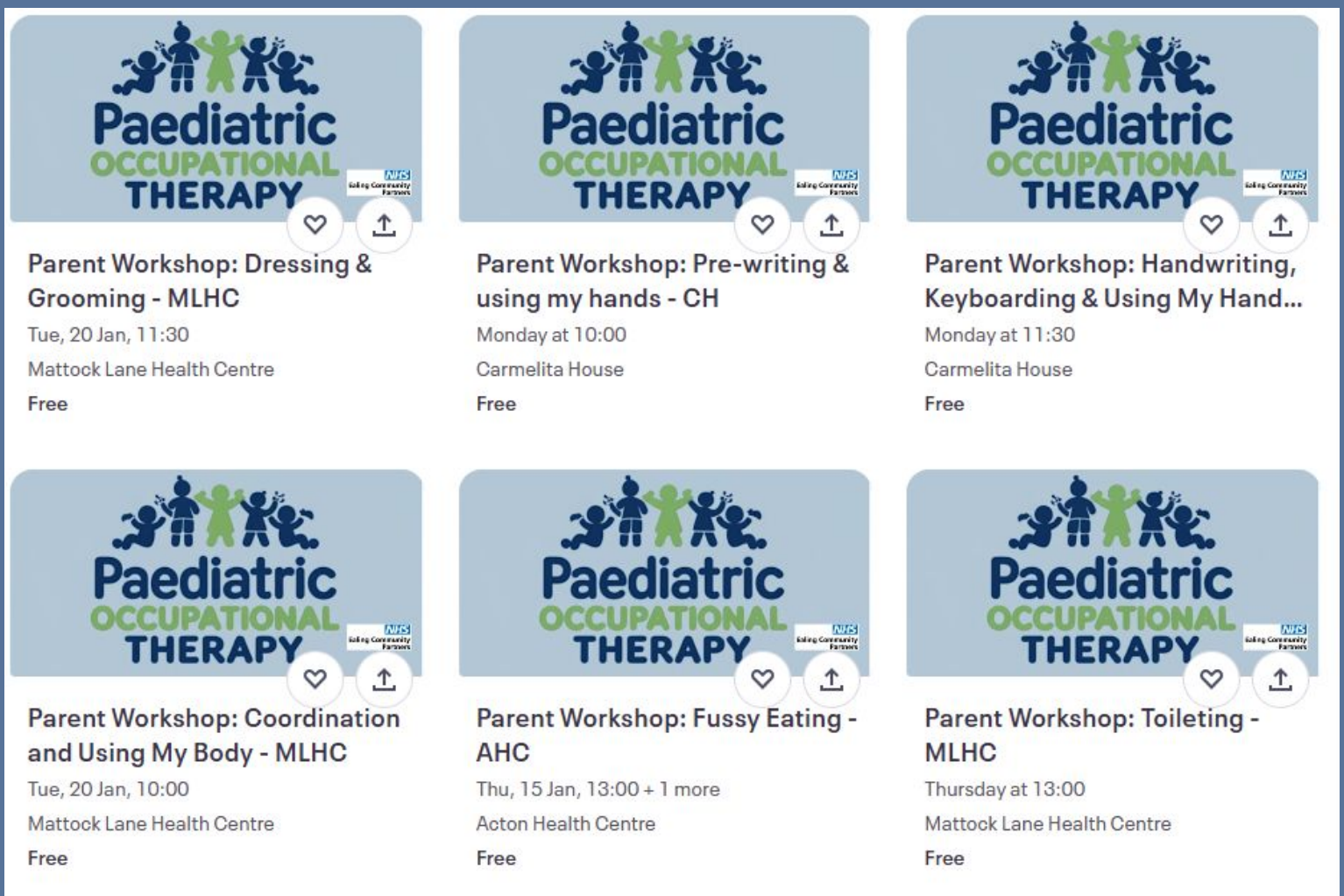
In school, we work with many different therapy services, one of which is Occupational Therapy. Paediatric Occupational Therapists help children to develop and enable them to participate in different aspects of daily life, through the use of purposeful activities and play.

Ealing Children's Occupational Therapy

Here are some of the areas Occupational Therapists help with in school:

- Fine Motor Skills (handwriting, cutting, manipulating small objects)
- Gross Motor Skills (balance, ball skills, core stability)
- Sensory (auditory, oral, visual, hand-eye coordination, self-regulation)
- Self-Care (eating, use of cutlery, dressing, toileting)

Ealing's Occupational Therapy Team have started to run some in-person workshops to support parents. Click on the image below to book a workshop through eventbrite and see more available workshops.



Upcoming support for parents/carers

A free one-hour online workshop for parents

Anxiety, Exhaustion, and Masking: Supporting Neurodivergent Girls

- She's doing well at school, but comes home completely exhausted...
- She tries so hard to fit in, but it never seems easy...
- She is chatty with you, but goes quiet around other people...

Is she coping or masking how hard she is working to keep up? Many neurodivergent girls learn to hide their struggles by copying others and pushing through their discomfort. While this helps them fit in, it can take a toll on their sense of self, confidence and well-being.

In this workshop, we will explore:

- How girls learn to mask
- How it can contribute to anxiety and burnout
- Why unmasking isn't the whole answer
- What helps girls feel safe and confident to be themselves

Where: St Vincent's Catholic Primary School (via Zoom)
When: Monday, February 2, 9:30 - 10:30am
Please follow this link to register



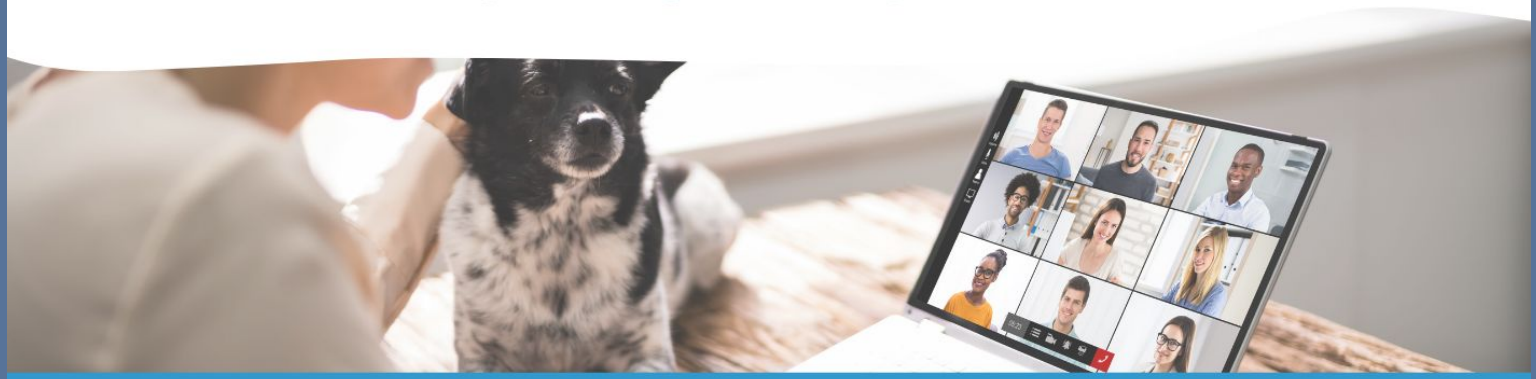
The workshop is delivered by Una Archer, GMBPsS, MSc. She is a psychologist offering attachment-informed support that helps parents, caregivers and teachers nurture emotional security, build stronger connections, and support children to thrive at home and at school. Find out more at **www.helpyourchildthrive.co.uk**

7-week course

For residents of North-West London

Understanding the Diagnosis

For parents of ADHD or autistic children (pre- or post- diagnosis)



A Free 7-Week Webinar Series for Parents and Carers

Join our free, seven-week series of webinars, designed to help parents and carers deepen their understanding of their child, whether they are on a waiting list for diagnosis, or been diagnosed, with ADHD or autism. Led by professionals with lived experience, each session includes key information, practical strategies and valuable insights that support you to help your child or young person thrive.

YOU WILL NEED TO REGISTER VIA ZOOM & EVENTBRITE. Please keep an eye on your email inbox when you have registered with Evenbrite for a link to register on Zoom.

When: Starts late Jan, dates vary depending on diagnosis, please see QR code

Where: Online via Zoom

Scan the QR code or contact enquiries@adhdandautism.org for more info.

BEST ADHD Parent Support Group

Do you have a child **WHO CAN'T SEEM TO FOCUS,** start or finish tasks, or manage their time?

Do you have a child **WHO CAN'T SEEM TO SIT STILL**, constantly interrupts and acts without thinking?

Do you have a child **WHO'S EMOTIONS EXPLODE OVER SIMPLE THINGS**, and can become totally overwhelmed?

For children (and adults) with ADHD, these skills can be tough to build. They may struggle with everything from - remembering instructions you've just given to get ready for bed, to getting started on homework or coming off a screen to have dinner…



ADHD is not a learning problem it's a production problem - they know what to say and do but they can't always do it in the moment, and this can be challenging for both child and parent / carer.

Understanding the differences between the development of a Neurotypical brain and a Neurodiverse brain, and the challenges with Executive Functions, is key in supporting your child and helping to manage those big behaviours.

BEST 4Learning, with Vicky Lambert and ADHD coach Julia Johnston, have set up a parent ADHD support group here at St Vincents. This parent group meet once every half term, discuss challenges, learn strategies and develop a deeper understanding behind the behaviours that ADHD and AuDHD present.

If you would like to join the next parent group session, share any concerns and learn more about your child's behaviour, please contact Julia on best4learningjulia@gmail.com 07946 616 146.