SEND Newsletter

Autumn 2, Friday 20th December 2024

We Grow, Learn and Achieve by Following Christ

We are very proud of all of our children who have worked extremely hard this term. As we approach the end of term, we have been reviewing their progress. If your child is on the SEND register and has had additional support, you will receive an Individual Provision Map this week showing what support your child has been given and the progress they have made. This is in addition to the report from their class teacher. If you would like to meet to discuss it further, please do not hesitate to contact us to arrange a meeting in the Spring Term. I will also be available at our Spring Term Parents' Evenings, which will be held in the school hall.

This term, St Vincent's have maintained their Flagship School status with the Inclusion Quality Mark. This is possible because of the huge efforts made by our staff, pupils and parents. Thank you all. You can read the report here.

On the right, you will see some useful links. If you haven't already done so, please take some time to look at our SEND Information Report. This is updated each year and shows what is on offer at St Vincent's. Our Inclusion Website also gives lots of information and links. This is updated regularly, especially the 'Upcoming Events' page.

I hope you all have a wonderful and restful festive break and I look forward to seeing you all in January.

Mrs Hatfield, Assistant Head & SENCO

Useful Contacts

Our school SENCO is
Mrs Hatfield
chatfield@stvps.co.uk

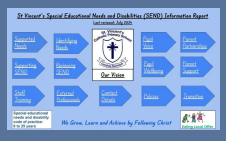
Our allocated Education Health Care Plan (EHCP) coordinators are:
Denise Fleary (EYFS-Year 4)
dfleary@ealing.gov.uk
Eric Bamford (Years 5 & 6)
bamforde@ealing.gov.uk

SEND Officer at the Family Information Service is:
Rizwaan Pinjara
children@ealing.gov.uk

Useful Links

Click the links below for more information

St Vincent's SEND Information Report
St Vincent's SEND Policy
St Vincent's Inclusion Website
Ealing Local Offer
Special Educational Needs and Disabilities Glossary
Cognition & Learning Needs (C&L)
Communication & Interaction Needs (C&I)
Sensory & Physical Needs (S&P)
Social, Emotional & Mental Health Needs (SEMH)







Managing stress at Christmas!

Christmas can be a challenging time for children, especially children with additional needs. With changes to routines, it can be difficult for them to know what to expect. Here are just a few of the things that might be different over the festive period:

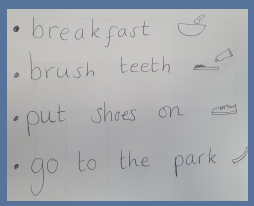
- ➔ No school, therefore a different time to get up and get dressed.
- ➔ Different activities each day, maybe not knowing what to expect.
- ➔ Crowded and unfamiliar places.
- ➔ Lots of additional lights, sounds and decorations around.
- ➔ Visits to or from friends or family members you may not have seen for a while (or may not like).
- ➔ Presents- not knowing what to expect.
- ➔ Later bedtimes and changes to bedtime routines.
- ➔ Excitement!

Below are a few tips for reducing stress and resources that might come in helpful to help prepare your child for changes to routines. But remember, do what is best for your family and don't feel guilty telling friends or relatives if something doesn't work for you!

Use a calendar to show what you are doing each day. This helps your child to know what is coming up and when. Cross off days as they are finished. You can also count down to exciting events.



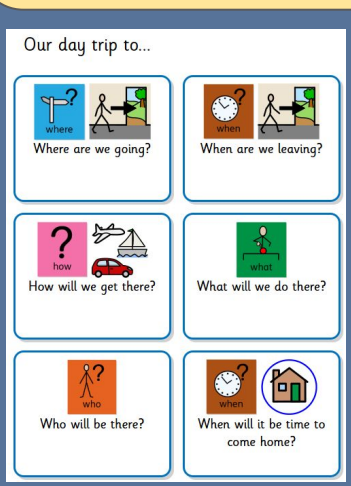
Use visual timetables to help your child know the expectations. This can be on laminated cards or simply drawn on a piece of paper.



Reduce anxiety by talking through what you are going to do for the day. You could use the sheet below to plan the day with your child.

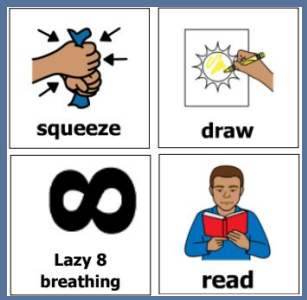






Maintain as many routines as possible.

Practice regulation strategies that work for your child. Let them know where or when they are able to take time out of a social situation.



Minimise surprises

Have regular check-ins. Model how you are feeling and why.

Have realistic meal expectations.

SEND-friendly things to do

Meet Santa at Ealing Broadway's Christmas Grotto
Saturday 18th November-Sunday 24th December



Quiet Grotto sessions, designed to take the anxiety out of Santa visits for children with autism or additional needs are available to book on **Sundays 11am-11.30am.**







Autism Friendly screenings

We host autism friendly screenings on the last Sunday of every month at all sites except West End. These autism friendly film screenings are sensory friendly with the sound reduced, lighting dimmed and no adverts or trailers. It is okay for guests to move around and make noise in autism friendly cinema.

Specially-adapted screenings

The typical cinema environment can be stressful for guests with autism, sensory difficulties or learning impairments. We're delighted to host special autism friendly screenings one Sunday morning each month at over 90 cinemas across the UK and ROI.

At our autism friendly screenings, we

- Keep the house lights on throughout the film
- Lower the audio volume
- Remove the advertisements and trailers before the film
- Open the cinema doors early so guests have time to get used to the surroundings

ODEON

Club SENsational: Fitness for Children with Additional Needs

clubSENsational
Autism Consultancy Services

Bookings & More Information:
info@clubsensational.org
www.clubSENsational.org



Swimming program tailored for individuals with autism and special needs.



Fun, and engaging fitness sessions tailored for individuals with autism and/or learning difficulties.



Exciting, structured, and engaging climbing sessions with a skilled member of our Autism specialist team.



Personalized one-to-one sessions tailored to meet the unique needs of individuals with autism and learning difficulties.



Support for Parents/Carers

EALING ANCHOR FOUNDATION
Supporting Parents & Carers in Ealing

yvhsc SEND SERVICES
Engaging communities, shaping services.

EHCP made easy

SESSION 3

Annual Reviews

January 27th 10:30-12:30

Please make sure to register your interest by emailing info@EalingAnchor.org.uk or Https://forms.office.com/e/AgPGkZWOcZ

*Zoom invites will be sent out closer to time. Parents/Carers who have not registered will not be able to join the sessions.

https://forms.office.com/e/AgPGkZWOcZ



DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

Do you need to speak to someone in your own language?

You can ask Contact Ealing to speak to you in your own language. Once you have registered, we will call you within 10 working days. We can help with:

Punjabi | Arabic | Polish | Tamil | Somali | Hindi Urdu | Armenian | Hebrew | Spanish | German Russian | French | Italian

Once you register you will receive a call from a Family Worker or a Volunteer (supported by a Family Worker) in your own language

Please register to book your call

contact For families with disabled children

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284913) and Scotland (SC039160).

Ealing Parenting Service



Are you facing parenting challenges with your child or teenager?

A course with Ealing's Parenting Service could be exactly what you need to find out about effective ways to manage children's behaviour and support your children to communicate better with you.

Subjects covered include:

- Setting boundaries
- The difference between discipline and punishment
- Managing sibling rivalry
- How to boost the confidence of both the parent and the child
- Learning how to listen and respond to a child to achieve the best results.
- Giving positive attention instead of negative attention
- Spending quality time with children – what that means and how to achieve it.
- And much more ...

For more information contact:
www.ealingfamiliesdirectory.org.uk
020 8825 6066 or 020 8825 8422
parentingserviceadmin@ealing.gov.uk

Children & Families

Ealing
www.ealing.gov.uk

EALING PARENTING SERVICE

Ealing Parenting Service offer a range of course for parents including:

Strengthening Families, Strengthening Communities
For parents of children and young people 3-18 years with additional needs. 13 weeks, three-hour weekly sessions, with a certificate for attendance.

Webster Stratton Incredible Years ASD, ADHD, ODD & Challenging Behaviour
For parents of children 5-12 years
14-16 weeks, two and a half-hour weekly sessions

Webster Stratton Incredible Years Autism Spectrum & Language Delays
For parents of children 2-8 years
14 weeks, 2.5-hour weekly sessions

Family Links – Additional or Neurodevelopmental Needs
For parents of children 2-12
10-11 weekly, two-hour sessions

Find out more about these and other courses here or email parentingserviceadmin@ealing.gov.uk .