SEND Newsletter

Autumn 1, Friday 25th October 2024

We Grow, Learn and Achieve by Following Christ



Once again, we have had a busy term at St Vincent's. Our new Sensory Room was installed at the beginning of September and has been an amazing addition to our school. The room has supported many pupils to self-regulate and be ready to learn through a range of alerting, organising and calming activities. We have also developed our Breakfast Club room into a new learning space, accessible to pupils who may find the classroom overwhelming or want a quieter place to work. This has been named The Blossom Room.

Useful Contacts

Our school SENCO is
Mrs Hatfield
chatfield@stvps.co.uk

Our allocated Education Health Care Plan (EHCP) coordinators are:
Denise Fleary (EYFS-Year 4)
dfleary@ealing.gov.uk
Eric Bamford (Years 5 & 6)
bamforde@ealing.gov.uk

SEND Officer at the Family Information Service is
Rizwaan Pinjara
children@ealing.gov.uk

Useful Links

Click the links below for more information

Special Educational Needs and Disabilities Glossary

Cognition & Learning Needs (C&L)

Communication & Interaction Needs (C&I)

Sensory & Physical Needs (S&P)

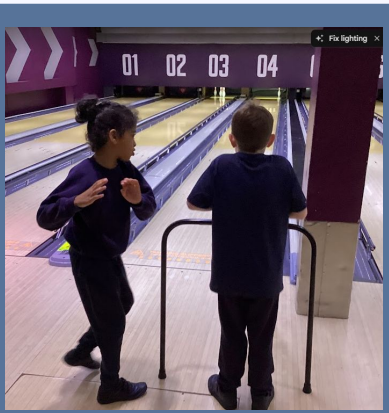
Social, Emotional & Mental Health Needs (SEMH)

St Vincent's SEND Information Report

St Vincent's SEND Policy

St Vincent's Inclusion Website

Ealing Local Offer



I was lucky enough to accompany a group of children to a bowling competition earlier in the term, which was heart-warming. The children worked well as a team and were encouraging and supportive towards each other.

There are lots of upcoming workshops for parents this term, please have a look at the later pages for more information.

I hope you all have a wonderful rest over half-term.

Mrs Hatfield, Assistant Head & SENCO

Disability Awareness

At St Vincent's, we promote inclusion in everything we do and we like to celebrate the differences in all of us. This term, our school council has decided to focus our fundraising day on Disability Awareness (more information to follow).
During the Autumn Term, there are lots of awareness initiatives happening nationally. See below for some more information.

ADHD AWARENESS OCTOBER 2024 AWARENESS IS KEY!

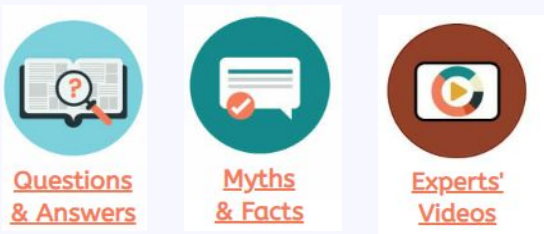
What is ADHD?

ADHD is a neurodevelopmental disorder affecting both children and adults. It is described as a "persistent" or ongoing pattern of inattention and/or hyperactivity-impulsivity that gets in the way of daily life or typical development. Individuals with ADHD may also have difficulties with maintaining attention, executive function (or the brain's ability to begin an activity, organize itself and manage tasks) and working memory.

There are three presentations of ADHD:

- Inattentive
- Hyperactive-impulsive
- Combined inattentive & hyperactive-impulsive

Visit the ADHD Awareness Month website for more information including:

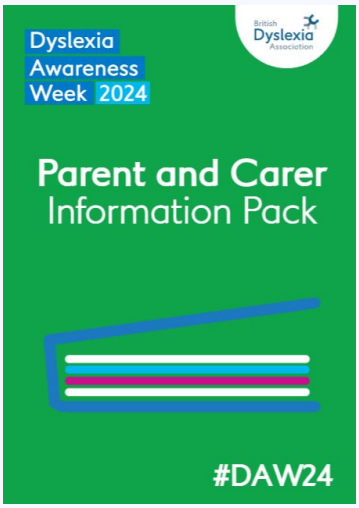


Dyslexia Awareness Week 2024 7-13 October — British Dyslexia Association

What is Dyslexia?

Dyslexia is a specific learning difficulty which primarily affects reading and writing skills. However, it does not only affect these skills. Dyslexia is actually about information processing. Dyslexic people may have difficulty processing and remembering information they see and hear, which can affect learning and the acquisition of literacy skills. Dyslexia can also impact on other areas such as organisational skills. Find out more by clicking the video below and the Parent Information Pack.





Upcoming Events For the Family





Meet Santa at Ealing Broadway's Christmas Grotto
Saturday 18th November-Sunday 24th December



Quiet Grotto sessions, designed to take the anxiety out of Santa visits for children with autism or additional needs are available to book on **Sundays 11am-11.30am**

Clubs/Therapy for Children with Additional Needs



EALING MUSIC THERAPY

Saturday Music Therapy Service

Is your child of pre-school or primary school age with **Autism and additional needs?**

We are now offering a **Saturday Music Therapy Service** at a range of venues for families and children who do not have access to Music Therapy at school.

The service will run during term time with 10 sessions per term. Our HCPC registered Music Therapists will provide individual and group therapy depending on your child's needs.

We will also provide a **Support Network** to enable parents to bond as a group, share knowledge and support each other with common challenges. If you are interested in this service, please contact us on the details below.

Contact us

info@ealingmusictherapy.org
07444 262214
ealingmusictherapy.org

ealing music therapy

@westlondonhockey on all social media! www.westlondonhockey.co.uk

JOIN US!

WEST LONDON HOCKEY
CHARITABLE FOUNDATION

Pan disability hockey sessions - no experience needed!

Comencing
Saturday 3rd November

Where?

Ada Lovelace C of E High School
Parkview Road, Ealing
London, W5 2JX

When and Who?

Ages 8 - 14 from 9:30 am to 10:30 am
Ages 14+ from 10:30 am - 11:30 pm

CONTACT

Jeff@westlondonhockey.co.uk
www.westlondonhockey.co.uk

For Ealing Hockey Club visit our website:
https://www.ealinghockey.com or
@ealinghockey on all socials

Flyerz
Hockey by Access Sport

FULHAM FC Foundation

FEMALE CEREBRAL PALSY FOOTBALL

For female football players aged 5-16 years with Cerebral Palsy or an acquired brain injury.

Saturdays (monthly)
11:00am to 12:30pm

PARA
CP SPORT
cerebral palsy sport

Starts Saturday 21st September 2024
Fulham FC Training Ground, Motspur Park KT3 6PT

For more info visit fulhamsoccerschools.com
or email disability@fulhamfc.com

SCAN TO FIND OUT MORE!

Click here for more disability sport clubs.

Clubs/Classes for Children with Additional Needs

Young Ealing Foundation

Click on the images below for more details.



Weekly Disability Football Sessions

Brentford FC Community Sports Trust

7 - 12 | **Free** | In-person

Where

GOALS Soccer Centre (Pitch 1)
1 MacFarlane Lane
Isleworth, TW7 5DB

Non-Contact Boxing

YMCA St Paul's Group

16 - 21 | **Free** | In-person

Where

YMCA South Ealing
25 Saint Mary's Road
London, W5 5RE

Art and Craft classes

Sheila Moylan

12 - 25 | £40 per session | In-person

Where

Set Studios
Saint James' Avenue
London, W13
Google Maps

SEN & Rebound Therapy Classes

London Trampoline Academy

6 - 18 | **Free** | In-person

Where

Osterley Sports & Athletics Centre
120 Wood Lane
Isleworth, TW7 5FG

Kids Development Academy

AJ Sport London

4 - 14 | £5 per session | In-person

Where

Horsenden Ln N
Greenford, UB6 7QH

Trampoline Sessions

London Trampoline Academy

£38.5 per 4 sessions | In-person

Where

Reynolds Sports Centre

London, W3 8EY

1-to-1 Swimming Therapy, Art & Music and AfterSchool Sessions

ClubSENsational

0 - 25 | £45 per session | In-person

Where

Acton Centre
High Street
London, W3 6NE

Upcoming Events for Parents/Carers

Trauma and Loss Workshops for 6 Weeks

THE REFRESH PROJECT

Monday 4th, 11th, 18th, 25th November & Monday 2nd, 9th December 2024
10:00AM - 11:30AM
at Hanwell Community Centre
Westcott Crescent, W7 1PD

Exploring trauma:

- Definition of trauma and what it means and looks like in day to day life
- Psycho-education around trauma causes and affect

Exploring the groups' individual experiences:

- Trauma and their triggers
- Time to process the groups' trauma experiences
- How to manage trauma symptoms in day to day life

These sessions will be run by
Robin Robinson (UKCP, EATA IARTA, MBACP registered)
who specialises in loss, bereavement and belonging

Spaces are limited, please email or call to book your place
administrator@empowering-action.org.uk or 020 8575 6139

EASE
www.empowering-action.org.uk

EASE (Empowering Action & Social Esteem) Ltd.
Charity No: 1098965
EMPOWERING-ACTION.ORG.UK

hanwell big local

INTRODUCTION TO INTERNET SAFETY

This workshop will look at the positive & negative ways children use the internet today and what parents & carers need to know to be proactive in keeping them safe online.

Learn tips on how to create open dialogue about internet use, and discuss strategies & resources available to address internet safety issues at home

This workshop is aimed at parents of children aged 13 & under

Delivered by:
Hannah
Brada
Advanced Practitioner

Tuesday, 12th November 2024
10am-12pm
via MS Teams

Contact Ealing Walk & Talks

Our Walk & Talks are social events where we go for gentle walks in Ealing's beautiful parks, together with other parents and carers as well as Contact Ealing staff & volunteers, followed by a hot or cold drink together in a nearby Café. These Walks are often supported by Kathryn Rocha, our Volunteer Clinical Psychologist who offers parents the chance to have an informal catch up about a particular question or issue they would like advice on. We regularly also welcome Ealing or NHS professionals keen to hear from parents about their experiences of services for children with additional needs in Ealing.





Monday 11th November—Walk & Talk for parents and carers of children with SEND, **Osterley Park, 10.30am start,** meeting point at Jersey Road entrance

Please book to attend via this link:
https://forms.office.com/e/x1aHAzyjXf

Wednesday 4th December — Walk & Talk for parents and carers of children with SEND, **Walpole Park, 10.30am start,** meeting point next to playground.

Please book via this link: https://forms.office.com/e/GFZNecida1

Contact Ealing Autism Group

Our monthly support group for parents and carers of children with Autism or social communication difficulties. This term we are again celebrating and supporting the Ealing Speech & Language Therapy's SLT awareness month with some of our sessions.

Thursday 21st November 2024 — Online workshop on ASD and Sleep with Sleep Trainer Nickie Sutton
Venue: online via zoom
Time: 10.30am –12.30pm
Booking essential: https://forms.office.com/e/Ha57adQx87

Peak Sleep

Wednesday 11th December 2024 — Autism Group Coffee Morning



Venue: Jamaica Blue Coffee Shop, Ealing Broadway Shopping Centre
Time: 10.30am

Booking essential via this link:
https://forms.office.com/e/uw0iWPdYCU

Contact Ealing Carers Group

Monday 9th December 2024— Workshop for parents and carers of financial support available, including DLA, PIP, Carers Allowance and Universal Credit



Venue: Ealing Central Library, Ealing Broadway Shopping centre, above Tesco, in the upstairs meeting room
Time: 10.30am
Booking essential via this link:
https://forms.office.com/e/Ftremh4Rhx

Telephone support in community languages:

Ealing is an wonderfully diverse borough and we are proud to be able to support parents in many different languages within the staff team and support from our amazing volunteers. Please let us know via this link if you would like to receive a call from a Family Worker or Contact Ealing Volunteer in one of the languages listed below:

Book telephone call in your language here:

https://forms.office.com/e/VkwRRtd0GN

We can support parents in :

Tamil / Punjabi / Arabic / Polish / Somali / Hindi / Urdu / Hebrew / Russian / Armenian / French / Spanish / Italian and German.

Upcoming Events for Parents/Carers

Ealing Speech and Language Therapy
Over 5's Parent Workshops

Are you a parent/carer of a school-aged child looking for advice?

We are running a workshop on:

Speaking more than one language

Tuesday 5th November

11am-12.30pm

At Carmelita House, W5 2PJ


With Taruna

On this workshop you will learn:

- ✓ The benefits of speaking more than one language
- ✓ What to expect from children who are learning English as a second language
- ✓ Ways to support your child as they learn a new language

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

Please let us know if you need an interpreter for this session

Ealing Speech and Language Therapy
Over 5's Parent/Carer Workshops

Are you a parent/carer of a child who is speaking at home but is not speaking in other setting?

We are running a workshop on:

Supporting Children Who Speak at Home but not at School

Thursday 14th November

12-1pm

Via Zoom


With Jasmine

On this workshop you will learn:

- ✓ To understand why some children, speak less at school or nursery
- ✓ To understand ways to help children communicate more confidently
- ✓ To know where to get more information and support from

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

Ealing Speech and Language Therapy
Over 5's Parent/Carer Workshops

Are you a parent/carer of a primary school-aged child looking for practical advice?

We are running a workshop on:

Understanding behaviours and managing emotions: How can I help my child?

Monday 18th November

1-2pm

Via Zoom


With Maddy

On this workshop you will learn:

- ✓ What is my child's behaviour telling me?
- ✓ Why understanding our own and others' emotions can be tricky
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

Ealing Speech and Language Therapy
Over 5's Parent/Carer Workshops

Are you a parent/carer of a school-aged child looking for practical advice?

We are running a workshop on:

Using visuals at home to support communication

Tuesday 26th November

1-2pm

At Carmelita House, W5 2PJ


With Taruna

On this workshop you will learn:

- ✓ The benefits of using visuals alongside spoken language
- ✓ How to introduce visuals at home
- ✓ How visuals can support home routine and learning

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

Please let us know if you need an interpreter for this session

Upcoming Events for Parents/Carers

Ealing Speech and Language Therapy Over 5's Parent/Carer Workshops

Does your child have very specific interests? Does your child communicate and play in a very different way to other children?

We are running a workshop on:

Supporting your Child with Friendships

Thursday 5th December

12-1pm

Via Zoom



With Jasmine

In this workshop you will learn:

- ✓ The different ways children may develop and communicate
- ✓ Ways to think about **Neurodiversity** and friendships
- ✓ Using your child's strengths to support communication and play

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

Ealing Speech and Language Therapy Over 5's Parent/Carer Workshops

Are you a parent/carer of a school-aged child looking for practical advice?

We are running a workshop on:

The Pronunciation of Speech Sounds

Monday 9th December

4-5pm

Via Zoom



With Maddy

On this workshop you will learn:

- ✓ What 'speech' is and how it develops
- ✓ What speech difficulties sound like (does my child need help)
- ✓ Practical activities and tips to help children speak clearly

To book a **FREE** place, please **EMAIL** wlm-tr.sltuniversalservices@nhs.net with your name, the workshop name and the name of your child's school.

NHS West London NHS Trust

Ealing Mental Health Support Team

WORKSHOPS FOR PARENTS/CARERS

AUTUMN TERM 2024



Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

https://forms.gle/FQ5iVA2BKKepnDrw9

If you have any questions, please do email us on: Ealing.mhst@nhs.net

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: November 12th 2024
Time: 12pm - 1pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: November 15th 2024
Time: 11am - 12pm

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: December 2nd 2024
Time: 11am - 12pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: December 13th 2024
Time: 11:30am - 12:30pm

email parentingserviceadmin@ealing.gov.uk to register or for more info

Ealing
www.ealing.gov.uk

SUPPORTIVE ACTION FOR FAMILIES IN EALING

EALING PARENTING SERVICE