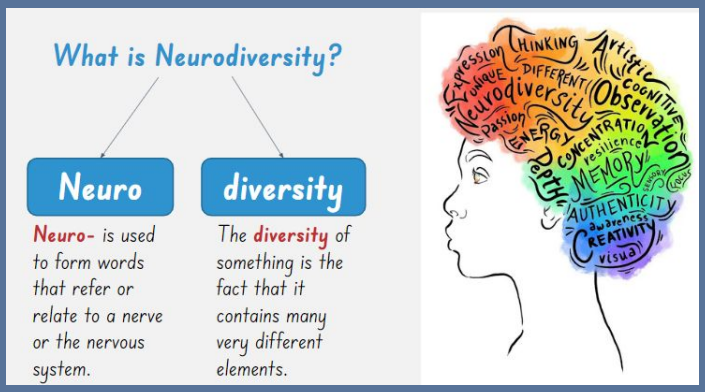
SEND Newsletter

Spring 2, Thursday 28th March 2024



We Grow, Learn and Achieve by Following Christ

Last week, St Vincent's celebrated Neurodiversity. Neurodiversity is a word used to describe how some people's brains work in different ways. Each brain is unique to each person. Autism Spectrum Disorder, ADHD and dyslexia are some examples of neurodiverse conditions.

Have you noticed that everyone thinks, learns and processes information differently? We thought about how different we all are and how we all have different strengths and difficulties. Neurodiversity Celebration Week reminded us that no matter what our differences and challenges, everyone also has their own strengths and talents. Many people who have ADHD, autism, dyslexia, dyspraxia or Tourette Syndrome and struggled in school, are now very successful. Many attribute their success to their unique way of thinking and perceiving the world around them (examples on the next page).

Please talk to your children about how they can be kind, understanding and encouraging to EVERYONE!

Mrs Hatfield, Assistant Head & SENCO

Useful Contacts

Our school SENCO is
Mrs Hatfield
chatfield@stvps.co.uk

Our allocated Education Health Care Plan (EHCP) coordinators are:
Denise Fleary (EYFS-Year 4)
dfleary@ealing.gov.uk
Jonathan Boyd (Years 5 & 6)
BoydJ@ealing.gov.uk

SEND Officer at the Family Information Service is
Rizwaan Pinjara
children@ealing.gov.uk

SEND Glossary

In the SEND Code of Practice, one of the 4 broad areas of SEND is **Sensory and/or Physical Needs (S&P)**. This includes:

- **Vision Impairment(VI)** loss of vision ranging from 'no sight at all' to 'degrees of useful vision', which cannot be fully corrected by lenses alone.
- **Hearing Impairment (HI)** temporary or permanent hearing loss, ranging in severity from a mild loss to a profound loss.
- **Physical Difficulty** difficulty carrying out some day-to-day physical activities.
- **Sensory Processing Difficulty** difficulty in the way that our brain sorts out sensory information so we understand the world and can manage our everyday life.

For more details on these difficulties click here.

Visit www.ealinglocaloffer.org.uk for information about SEND support services in the Local Authority.

Did you know?

Did you know Bill Gates is dyslexic?



Bill Gates, Founder of Microsoft / Philanthropist

Did you know Billie Eilish has Tourette's?

Billie Eilish, Singer / Songwriter



Did you know Emma Watson has ADHD?

"I don't want other people to decide what I am. I want to decide that for myself"

- Emma Watson, Actor / Activist



Did you know Daniel Radcliffe is dyspraxic?

"It has never held me back. Some of the smartest people I know are people who have learning disabilities"

Daniel Radcliffe, Actor



Did you know the creator of Pokemon is Autistic?

Satoshi Tajirithe has attributed his creativity, passion, relentless focus ar drive to being autistic





Did you know Victoria Beckham is dyslexic?

"I believe you can achieve anything if you work hard enough to get it"

- Victoria Beckham, Fashion Designer / Singer

Did you know Walt Disney was dyslexic?

"If you can dream it, you can do it"

- Walt Disney, Founder of Disney



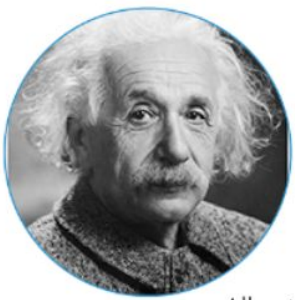
Did you know Channing Tatum has ADHD?

"I've always had way too much energy, so I'm always looking for new things to do, to channel that energy"

- Channing Tatum, Actor



Make someone's day by being understanding and kind.



Did you know Albert Einstein was dyslexic?

Albert Einstein, Theoretical Physicist

What's been going on at St Vincent's?

Family Matters Coffee Morning

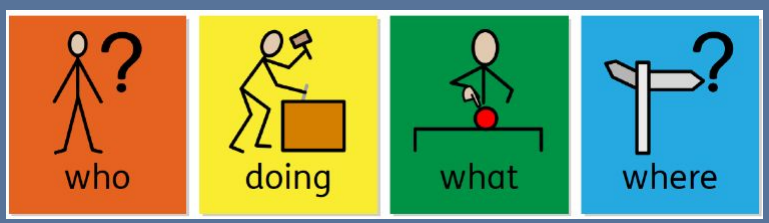
One of our Speech & Language Therapists, Sarah Holdship, spoke to us about how we can use Colourful Semantics to develop children's speaking, reading and writing. See more information below.
Keep an eye out for our next Family Matters coffee mornings with a focus on Therapeutic Thinking and Transition.

Inclusive Sport

Well done to the Panathlon team who came 3rd at the Primary Panathlon Festival. Panathlon is a national charity which gives young people with disabilities and special educational needs the opportunity to take part in competitive sport. In 2022/23, a record 62,981 pupils participated in their events. Events included New Age Kurling, Precision Beanbag, Messi Football Skills, Flight Path, Table Cricket, Volleybat, Boccia Blast and Parachute Popcorn.
Well done, Coach Brown is very proud of all of you.



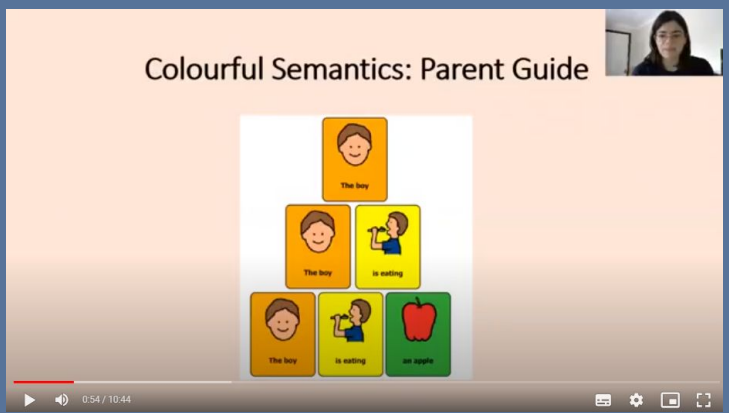
COLOURFUL SEMANTICS

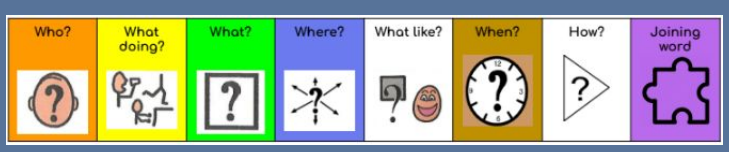


Colourful Semantics is a system for colour coding sentences according to the role of different words. It can help children to break down sentences and understand the individual meaning of each word and its role in the sentence. It can help children to better understand word order. Children can use colourful semantics to build up meaningful, well structured sentences.

When we teach children to use Colourful Semantics, we teach one part at a time, then slowly build up until the child is creating detailed sentences. This can start during the child's play, then using pictures and eventually building sentences for writing. The visuals can also be used to help a child answer questions while reading. For example: 'Who is in the park?' The child knows, using the 'who' visual, their answer should be a character.

One of our Speech & Language Therapists, Kelly Ellis, has created a video explaining Colourful Semantics in more detail. The video contains ideas on how you can use it at home. Click the image to watch the video. Below are also a few of the resources we use in school, which can also be used at home.







Pictures for generating sentences
Pictures for generating 'what like?'



Upcoming Events

Family Matters

Each month, we will be hosting a SEND coffee morning at St Vincent's.
Each event will have a different focus, often with external visitors, supporting you to support your children. These networks will offer information and ideas as well as giving you the opportunity to ask questions and talk to other parents. Although the focus is on children with additional needs, they are open to everyone!

Date	Focus
Thursday 9th May 9:00-10:00 am	Therapeutic Thinking *Joined by Simon Lynch,* *Ealing's Therapeutic Thinking Lead and Outreach Manager*
Thursday 6th June 9:00-10:00 am	Transition *Joined by one of our Speech & Language Therapists*
Thursday 11th July 9:00-10:00 am	Coffee & Chat *An opportunity to network with other parents*

ADHD EALING — Ealing Parent & Carer Forum

If you have a child or young person with ADHD, who struggles with sleep routines, this workshop is for you!

Sleep is much harder for those with ADHD. Join us for a session where we look at how ADHD affects sleep, and learn some easy practical strategies.

Peak Sleep

Nickie Sutton is the founder and **Specialist Sleep Practitioner** at Peak Sleep. She has been a sleep practitioner now for over 7 years and worked with many families, individuals, and groups of parents/carers.
Nickie's clinical background, experience and training mean she can help with most aspects of sleep management.
She is a member of the **British Sleep Society** and the **International Pediatric Sleep Association**, and was commissioned by the NHS to deliver a new Therapeutic Sleep Service. She also works with organisations all over the country, delivering support to parents/carers and training staff.

Please join us!

Thursday 25th April
10.00am - 12.00pm
(via Teams)

Please email Heidi at education@epcf.org.uk to receive the Teams link to join.

CARERS CAFE

Are you an unpaid carer?
Come along for a cuppa and a chat
in a relaxed and friendly atmosphere. Just turn up.

3RD WEDNESDAY OF THE MONTH
NEXT ONE WEDS 20TH MARCH, 11AM – 12.30PM
AT WEST EALING COMMUNITY LIBRARY

Contact info@ealingcarerspartnership.org or 01895 590010

EALING PARENTING SERVICE

All parents face parenting challenges from time to time. Ealing Parenting Service provide a range of programmes, courses and workshops free of charge. Click here to find out more.

Ealing Mental Health Support Team

WORKSHOPS FOR PARENTS/CARERS

SUMMER TERM 2024

TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

Date: April 16th 2024
Time: 12:30pm - 2:00pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: April 19th 2024
Time: 11:30am - 1:00pm

ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: April 23rd 2024
Time: 1:00pm - 2:30pm

TRANSITIONS

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

Date: May 9th 2024
Time: 11:00am - 12:30pm

ADOLESCENT EXAM STRESS

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: May 21st 2024
Time: 11:00am - 12:00pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: May 24th 2024
Time: 11:00am - 12:30pm

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: June 4th 2024
Time: 11am - 12:15pm

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: June 14th 2024
Time: 11am - 12:30pm

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: June 18th 2024
Time: 12:00pm - 1:30pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: July 11th 2024
Time: 1:00pm - 2:15pm

TEEN LOW MOOD

This workshop is aimed at parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: July 18th 2024
Time: 11am - 12:00pm

SUPPORTING FRIENDSHIPS IN CHILDREN

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: July 31st 2024
Time: 11am - 12:00pm

SEND friendly things to do



[Ealing] Inclusive train play session
New sessions start: Sat 13th April, 10am

Do you know an autistic, ADHD or SEND child who loves trains?

All Aboard Club is bringing its huge train set to the Log Cabin Charity in Ealing. Sessions will run monthly on Saturday mornings.

We provide a safe, understanding and supportive environment for autistic, ADHD and SEND children to develop their social and communication skills. These sessions are suitable for children and siblings aged 4 and upwards. A parent or adult carer needs to stay for the whole session.

To book, simply scan the QR code with your smartphone. Or visit our website: www.allaboardclub.com

Log Cabin Charity

If you would like to discuss your child's specific needs, please call Richard on 07948 407343 or email info@allaboardclub.com

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GROUP SEN TRAMPOLINE CLASSES

WWW.LONDONTRAMPOLINE.COM



OSTERLEY SPORTS AND ATHLETICS CENTRE
BOLDER ACADEMY

£7.50 PER HOUR
TUESDAYS, FRIDAYS AND SATURDAYS

BOOK YOUR TRIAL BELOW!

PRIVATE 1-1 CLASSES AVAILABLE
PLEASE EMAIL US AT
INFO@LONDONTRAMPOLINE.COM

SCAN ME

All proceeds go to London Trampoline Academy and London DMT Registered Charity 1169

REBOUND THERAPY

WWW.LONDONTRAMPOLINE.COM

OSTERLEY SPORTS AND ATHLETICS CENTRE
BOLDER ACADEMY

30 MINUTE PRIVATE CLASSES AVAILABLE
TUESDAY 12:30-17:00
FRIDAY 15:30 & 18:00-19:30

EMAIL US TO ARRANGE YOUR 1/2 PRICE TRIAL!

INFO@LONDONTRAMPOLINE.COM



All proceeds go to London Trampoline Academy and London DMT Registered Charity 1169

Skylarks

Chiswick House Easter Egg Hunt

Run by Mia from Skylarks

Tuesday 2nd April

Our friends at Chiswick House have invited us to their beautiful grounds for a wonderful Easter Egg Hunt.

Join us in the Kitchen Gardens and Learning Centre for a fun packed time.

For more SEND friendly things to do visit our website here.

Inclusion at St Vincent's

- Inclusion Quality Mark
- Special Educational Needs & Disabilities
- English as an Additional Language
- Pastoral Support
- SEND friendly things to do
- Parent Workshops
- Family Matters
- SEND Newsletters