SEND Newsletter

Summer 1, Friday 24th May 2024

We Grow, Learn and Achieve by Following Christ

As we approach the May half term, we are already starting to think about the next academic year. You may be wondering some of the following things:

Who will my child's teacher be?
Will they like their teacher?
Will my child settle in their new class?
Will they be in the same class as their friends?
What support will they get?

All parents worry about their children, but for children with additional needs, change can be difficult.

Next term, there are lots of workshops coming up for parents, both at St Vincent's and within the local community, including one with the Mental Health Support Team (MHST) and one with a focus on Transition. Please take the time to have a look at what's on offer.

There are also lots of fun family events over the next few months, aimed specifically at families of children with additional needs. Lots of them are advertised in this newsletter, but I always aim to regularly update the Inclusion pages on our school website with workshops and events.

I hope you all have a wonderful week.

Mrs Hatfield, Assistant Head & SENCO

Useful Contacts

Our school SENCO is
Mrs Hatfield
chatfield@stvps.co.uk

Our allocated Education Health Care Plan (EHCP) coordinators are:
Denise Fleary (EYFS-Year 4)
dfleary@ealing.gov.uk
Eric Bamford (Years 5 & 6)
bamforde@ealing.gov.uk

SEND Officer at the Family Information Service is
Rizwaan Pinjara
children@ealing.gov.uk

SEND Glossary

In the SEND Code of Practice, one of the 4 broad areas of SEND is **Social, Emotional and Mental Health (SEMH)**.

Some children and young people may have disorders such as

- Autistic Spectrum Disorder (ASD)
- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Attachment Disorder

For more details on these difficulties and support that is available click here.

Visit www.ealinglocaloffer.org.uk for information about SEND support services in the Local Authority.

What's been going on at St Vincent's?

Family Matters Coffee Morning

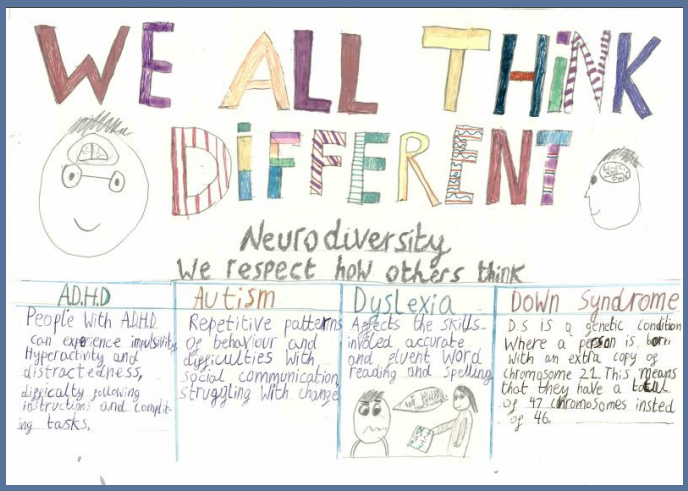
This month, we spoke to some parents about Therapeutic Thinking. At St Vincent's, we are developing the approach of Therapeutic Thinking to support the way we teach and support behaviour. Therapeutic Thinking is an approach to behaviour that prioritises the positive feelings of everyone. We look BEYOND children's negative behaviour to the heart of the child. We use curiosity, acceptance, empathy & our loving relationships to truly connect WITH our children.

Join us in May for a coffee morning with the Mental Health Support Team (6th June) and Transition with our Speech & Language Therapist (13th June).

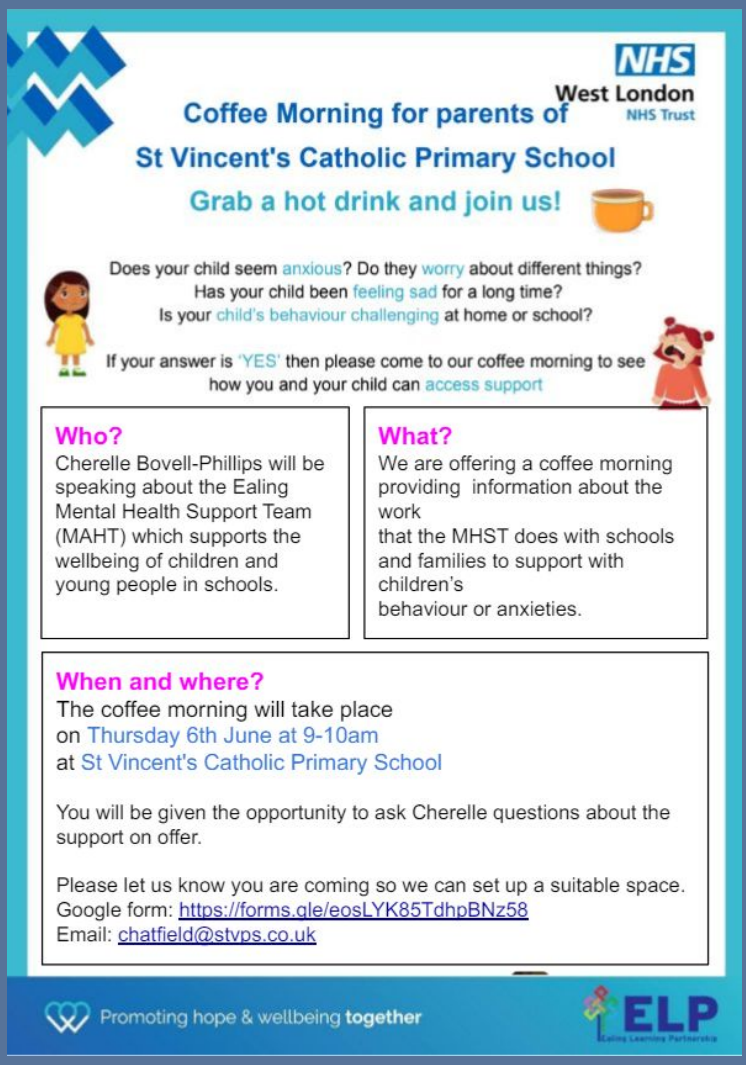
Information from all of our Family Matters sessions can be found on our website.

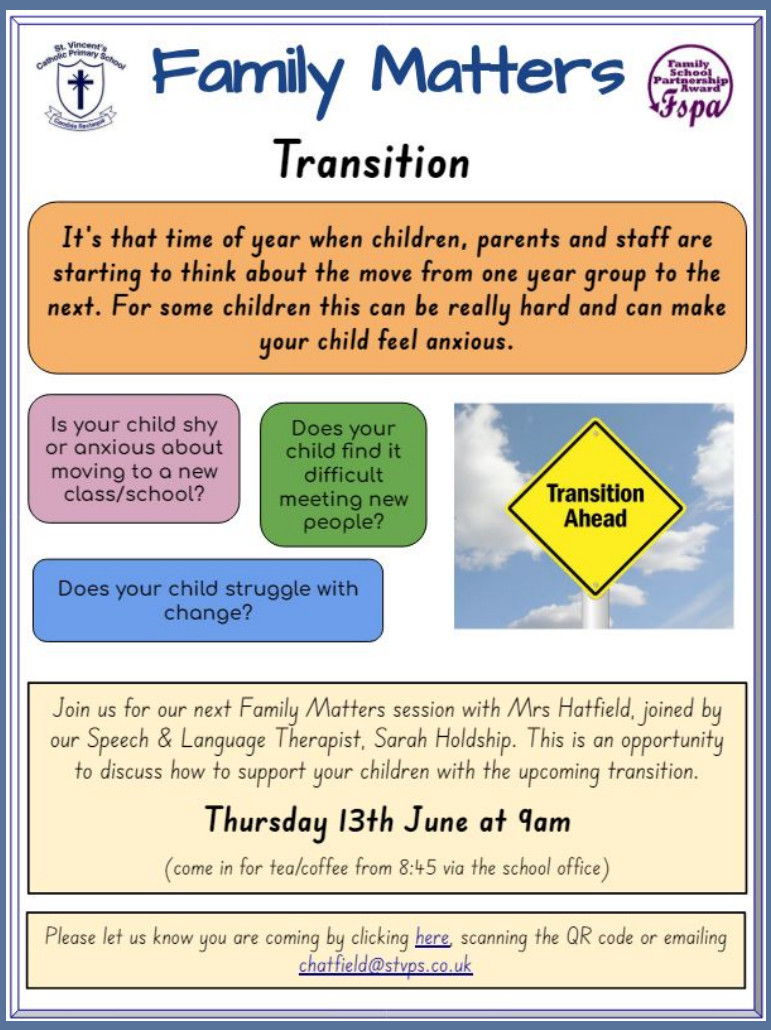
Neurodiversity Poster Competition

Last month, the children learnt about neurodiversity. Thank you to those children who returned a poster to celebrate neurodiversity. Well done to John in Year 3, whose poster has been chosen to be displayed in school (picture to the right).



Upcoming Events- Parent Workshops at St Vincent's





Ealing Mental Health Support Team

WORKSHOPS FOR PARENTS/CARERS

SUMMER TERM 2024

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

Date: May 9th 2024
Time: 11:00am - 12:30pm

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: May 21st 2024
Time: 11:00am - 12:00pm

UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS

This workshop is aimed at parents/carers of children attending **Primary** and **Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: May 24th 2024
Time: 11:00am - 12:30pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: June 4th 2024
Time: 11am - 12:15pm

TEEN LOW MOOD

This workshop supports parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: June 14th 2024
Time: 11am - 12:30pm

SUPPORTING FRIENDSHIPS IN CHILDREN

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

Date: June 18th 2024
Time: 12:00pm - 1:30pm

SUPPORTING FRIENDSHIPS IN CHILDREN

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: July 31st 2024
Time: 11am - 12:00pm

TEEN LOW MOOD

This workshop is aimed at parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

Date: July 18th 2024
Time: 11am - 12:00pm

SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

Date: July 11th 2024
Time: 1:00pm - 2:15pm



Check the BBC Bitesize for activities, advice and personal stories about parenting and special educational needs and disabilities to help you support your family.
#WorldAutismAwarenessDay

Ealing Speech and Language Therapy

Over 5's Parent Workshops

Are you a **parent** of a child who is speaking at home but is not speaking in other setting? Would you like some advice on how you can support your child?

We are running a workshop on:

Supporting children who are speaking at home but not speaking at school



Tuesday 18th June

10-11am

Via Zoom



On this workshop you will learn:

- ✓ To understand why some children, speak less at school or nursery
- ✓ To understand ways to help children communicate more confidently
- ✓ To know where to get more information and support from

Our training is free and accessible **via zoom** and can be accessed from the comfort of your own home!

PARENTS: to book a **FREE** place please:

Email wlm-tr.sltuniversalservices@nhs.net with your name, the workshop title and the name of your child's school

NHS
Ealing Community Partners

Ealing Speech and Language Therapy

Over 5's Parent Workshops

Are you a parent of a primary school-aged child looking for practical advice?
We are running a workshop on:

Understanding behaviours and managing emotions: How can I help my child?



Wednesday 26th June

12-1pm

Face to face:

Carmelita House, Ealing, W5 2PJ



On this workshop you will learn:

- ✓ What is my child's challenging behaviour telling me?
- ✓ Why understanding our own and others' emotions can be tricky
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

PARENTS: to book a **FREE** place:
Email wlm-tr.sltuniversalservices@nhs.net with your name, the workshop title and the name of your child's school

Makaton

NHS
Ealing Community Partners

Makaton Beginners Level 1 Workshop

Dates of workshop:
Level 1 Friday 14th June 9am-4pm

Venue:
Orange Rooms
West London NHS Trust
1 Armstrong Way
London
UB2 4SD
See Map Below
Cost:
Parents/Carers of a Makaton user living in the London Borough of Ealing: £19.85 (to cover the cost of the manual)

All other applicants: £100.00 including the cost of the manual.

What will you learn?

- **Signs and symbols from the Core Vocabulary Stages 1 - 2 (Level 1)**
- **How to use Makaton to communicate in everyday situations.**

You will also receive a manual that includes all signs and symbols learnt and a certificate of attendance.

How to apply:

- **Complete application form attached and return to Makaton Administrator.**
- **The Administrator will then inform you if you have a provisional place and ask you to send payment.**
- **The Administrator will send you an invoice for a bank transfer payment.**
- **Once payment has been received you have a confirmed place.**
- **The Administrator will then send you a confirmation email.**

Please check confirmation email for course details.
Do not attend the training unless you get official confirmation from the Makaton Administrator.

Makaton

NHS
Ealing Community Partners

Makaton Beginners Level 2 Workshop

Dates of workshop:
Level 2 Friday 5th July 2024 9am-4pm

Venue:
Orange Rooms
West London NHS Trust
1 Armstrong Way
London
UB2 4SD
Cost:
Parents/Carers of a Makaton user living in the London Borough of Ealing: £20.35 (to cover the cost of the manual)

All other applicants: £100.00 including the cost of the manual.

What will you learn?

- **Signs and symbols from the Core Vocabulary Stages 3-4 (Level 2)**
- **How to use Makaton to communicate in everyday situations.**

You will also receive a manual that includes all signs and symbols learnt and a certificate of attendance.

How to apply:

- **Complete application form attached and return to Makaton Administrator.**
- **The Administrator will then inform you if you have a provisional place and ask you to send payment.**
- **Send payment to Makaton Administrator at the address attached.**
- **The Administrator will send you an invoice for a bank transfer payment.**
- **Once payment has been received you have a confirmed place.**
- **The Administrator will then send you a confirmation email.**

Please check confirmation email for course details.
Do not attend the training unless you get official confirmation from the Makaton Administrator.

contact For families with disabled children

COFFEE MORNING



Coffee morning for parents and carers of children with SEND, supported by Contact Ealing staff and volunteers. Come and share ideas, strategies, successes, frustrations and stories over a comforting hot drink and meet members of the Ealing Commissioning Team, who will attend to listen to parents' views and experiences.

Please book: https://forms.office.com/e/1q6UbzKWatG

Wed 22nd May 2024
at 10.30am

Jamaica Blue,
Ealing Broadway
Shopping Centre

ealing@contact.org.uk

Ealing Speech and Language Therapy Over 5's Parent Workshops

Are you a **parent** of a child who is/was a 'late-talker'? Would you like some advice on how you can support your child?

We are running a workshop on:

Different ways of communicating

Friday 5th July

10am – 11am

Via Zoom

In this workshop you will learn:

- ✓ The different ways children may develop and communicate
- ✓ The meaning of 'Neurodiversity' and how it can support your child at school or home
- ✓ A strengths-based approach to talk about your child
- ✓ How to change your own communication and environment to support your child

To book a FREE place please:
Email wlm-tr.sltuniversalservices@nhs.net with your name, the workshop title and the name of your child's school (if relevant)

Our training is free and accessible **via zoom** and can be accessed from the comfort of your own home!

NHS Ealing Community Partners

Ealing parent & carer Forum

make your voice heard

THE SPEECH AND LANGUAGE THERAPY & OCCUPATIONAL THERAPY OFFER



A face to face session for parents

Join Ealing Parent Carer Forum and Ealing NHS Speech and Language Therapy and Occupational Therapy to:

- share your experiences of the services with us and other parents
- learn more about the SLT and OT Offer in Ealing.

WEDNESDAY 22ND MAY
10:30AM TO 12:00PM
CARMELITA HOUSE, THE MALL, EALING, W5 2PJ

REGISTER VIA EMAIL: WLM-TR.SLTUNIVERSALSERVICES@NHS.NET

Do you need to talk to someone?

THE REFRESH PROJECT



Our qualified professional will support you through free and confidential 1:1 sessions for up to 16 weeks.

- ★ **This is a listening service that allows you to be heard.**
- ★ **Explore how to feel empowered to make changes.**

For more information, or to book onto The Refresh Project call us on 0208 575 6139 or 07903 228 993
Or email: therefreshproject@empowering-action.org.uk

COMMUNITY FUND | EASE www.empowering-action.org.uk | hanwell big local

E.A.S.E. (Empowering Action & Social Esteem) Ltd | Hanwell Community Centre, W7 1PD | Charity No: 04291837

EALING PARENTING SERVICE

Ealing Parenting Service provide a range of programmes, courses and workshops free of charge. Click here to find out more.

Upcoming Events-
For the family









Upcoming Events-
For the family







For more SEND friendly things to do visit our website here.

Inclusion at St Vincent's

- Inclusion Quality Mark
- Special Educational Needs & Disabilities
- English as an Additional Language
- Pastoral Support
- SEND friendly things to do
- Parent Workshops
- Family Matters
- SEND Newsletters