SEND Newsletter

Autumn 1, Friday 20th October 2023



We Grow, Learn and Achieve by Following Christ

Welcome to our half-termly Special Educational Needs and Disabilities (SEND) newsletter. Each newsletter aims to highlight events and clubs happening in the local area, ideas for supporting your child and links to additional resources.

At St Vincent's Catholic Primary School, our children are at the centre of everything we do. We aim to identify the needs of all pupils as soon as possible. We then identify the appropriate support and review interventions termly. This is all part of our **Assess, Plan, Do, Review** approach. If your child is on the SEND register, you will receive an **Individual Provision Map** at the end of each term showing what support your child has had and the progress they have made.

Mrs Hatfield

Useful Contacts

Our school SENCO is
Mrs Hatfield
chatfield@stvps.co.uk

Our allocated Education Health Care Plan (EHCP) coordinators are:
Esha Dhokia (EYFS-Year 4)
dhokiae@ealing.gov.uk
Jonathan Boyd (Years 5 & 6)
BoydJ@ealing.gov.uk

SEND Officer at Family Information Service is
Currently appointing
children@ealing.gov.uk

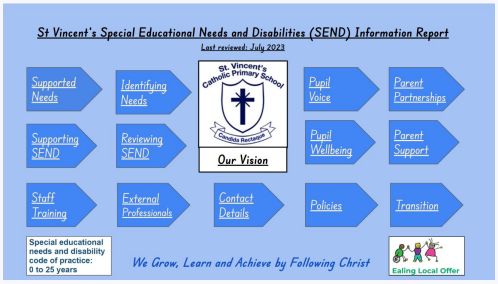
SEND Glossary

SEND: Special Educational Needs and/or Disabilities

SEND can affect a child or young person's ability to learn. They can affect their:

- behaviour or ability to socialise
- learning
- concentration levels
- physical ability

To find out more about how we support SEND at St Vincent's, take a look at our SEND Information Report.



Visit www.ealinglocaloffer.org.uk for information about SEND support services in the Local Authority.

What's been going on at St Vincent's?





Inclusive Bowling Competition

Each term, Coach Brown takes various groups of children to a range of sports competitions. It is his aim to ensure every child has the opportunity to be involved. This term, Coach took a group of children to an Inclusive Bowling Competition. The children were fantastic representatives for St Vincent's.

How can I help my child who is anxious about coming to school?

It's natural for children to not want to go to school from time to time. For example, they might be worried about a test or about a problem with a friend. With a bit of support, most children attend school regularly and don't avoid it when things get a bit tricky. However, sometimes children may become so anxious that they start to avoid school all together.

1. **Talk to your child about school**
   Talk to your child about the things they like and the things they don't like about school to find out what might be making them anxious.
2. **Acknowledge your child's distress**
   Show your child that you know they are finding going to school a real challenge. You might say "I can see that you are really worried about going to school, and that going in will be really hard for you."
3. **Check in with your child's school**
   It's important to share any concerns your child has told you about as soon as possible. Talk about how they are managing in school as well as at home. They could be affected by other children, teachers or simply the school environment.
4. **Help your child to face their fears**
   It's important to encourage your child to 'face their fears' and to attend school, despite it being the last thing they feel like doing! This can be tricky for you to do, as well as challenging for them. Be up front. Let them know it might be tough. Reassure them that you believe in them. Tell them you'll support them to do this difficult thing.
5. **Praise and encourage your child for any small steps they take**
   You could say something like " I am so proud of how brave you are being, well done!"
6. **Acknowledge your own emotions**
   It could be that your history or personal circumstances are part of the reason why your child is finding it hard to go to school, and that's common and normal. It's important to have an honest conversation with yourself so you can seek support as you try and help your child. Ask yourself the following:
   - Is your child afraid to leave you because they are worried about you or another family member at home?
   - Are your negative experiences of school making it difficult to be positive with your child about going to school?
   - Do you feel lonely at home when your child is gone?

   If the answer is yes to any of these questions, it is important that you get some support for yourself - this could be professionals or friends and family.

This advice has been summarised from Place2Be. Visit their website for more advice on children's wellbeing and behaviour.

How do I know if my child has SEND? What should I do if I'm worried?

Click here to complete a concern form, which will be sent directly to our school Special Educational Needs and Disabilities coordinator (SENCO).

Ealing's SEND and Inclusion Team have created some advice videos including the one below:



Click here for more videos.

Upcoming events for parents

Family Matters SEND Parent Network

Join us for our first Family Matters SEND Parent Network.

Thursday 9th November at 9-10am

(come in for tea/coffee from 8:45 via the school office)

Do you have a child with additional needs?
Or do you have concerns about your child in any way?
Join us to find out about some of the local support on offer for families.

Family Information Service

contact – For families with disabled children

Ealing parent carer Forum

SUPPORTIVE ACTION FOR FAMILIES IN EALING

Impartial Support, Advice and Information on Disability and SEN – Ealing I SAID!

Come and meet other parents and share your own experiences.

These networks are aimed at parents/carers of children with additional needs, but everyone is welcome!

Please let us know you are coming by clicking here or emailing chatfield@stvps.co.uk

Uplift Course

Confidence and Self-Esteem Course for Women



Areas covered:

- Healthy Boundaries
- Confidence Building
- Self-Esteem
- Being Assertive
- Understanding Healthy Relationships

Every Thursday for 6 weeks
2nd November to 7th December 2023
9:30 am to 11:30 am

Hanwell Community Centre, W7 1PD
Call 020 8575 6139 to book your place
Unfortunately, no children will be allowed in these sessions

hanwell big local

HANWELL COMMUNITY CENTRE
WESTCOTT CRESCENT, W7 1PD
CHARITY NO: 1098965
EMPOWERING-ACTION.ORG.UK
HANWELLBIGLOCAL.CO.UK

EASE – www.empowering-action.org.uk

contact – For families with disabled children

In Contact EALING

Thursday 23rd November — Walk & Talk for parents and carers of children with SEND, **Osterley Park, 10.30am start, meeting point at Jersey Road entrance. Please book via this link:** https://forms.office.com/e/kRke5bZs8S

Friday 1st December — Walk & Talk for parents and carers of children with SEND, **Walpole Park, 10.30am start, meeting point next to playground, Pitshanger Hut.**



Please book to attend via this link: https://forms.office.com/e/rqQMcMSM9U

Our Walk & Talks are supported by Kathryn Rocha, our Volunteer Clinical Psychologist who offers parents the chance to have an informal catch up about a particular question or issue they would like advice on.

Thursday 16th November—Autism Group Coffee morning at
Venue: Jamaica Blue Coffee Shop, Ealing Broadway Shopping Centre
Time: 10.30am start
Booking essential: https://forms.office.com/e/ULPnt4Qh3d



Tuesday 19th December — Coffee morning for parents of children with PDA / Autism / Demand Avoidance.
Booking essential: https://forms.office.com/e/RuNUAWtQfi
Venue: Jamaica Blue Coffee Shop, Ealing Broadway Shopping Centre
Time: 10.30am start

Thursday 9th November Parental Well-Being workshop
Venue: Ealing Central Library, Ealing Broadway Shopping Centre, upstairs meeting room
Time: 10.30am
booking essential via this link: https://forms.office.com/e/5SWLGEehjT

Monday 11th December — Carers Group on Health issues (Asthma and Epilepsy)
Venue: Ealing Central Library meeting room (upstairs), Ealing Broadway Shopping Centre,



Time: 10.30am start.

Booking essential via this link: https://forms.office.com/e/zZgL1tmNFg

Ealing Speech and Language Therapy

Over 5's Parent Workshops

Are you a parent of a primary school-aged child looking for practical advice?

We are running a workshop on:

Understanding behaviours and supporting emotions
Wednesday 1st November
11-12pm
Via Eventbrite

On this workshop you will learn:

- ✓ What are my child's behaviours telling me?
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

PARENTS: to book a FREE place, **scan the QR Code or click the link:** https://www.eventbrite.co.uk/e/understanding-behaviours-and-supporting-emotions-parent-workshop-tickets-731766702907?aff=oddtdtcreator
Or
call us on 07512 716 478 between 1-4pm, on Monday-Friday

For regular events, please see our 'Parent Workshop' page on our website.

Parent Workshops

EALING **PARENTING SERVICE**

All parents face parenting challenges from time to time. Ealing Parenting Service provide a range of programmes, courses and workshops free of charge. Click here to find out more.

SEND friendly things to do in half term

Click on the images for links to the web pages.





Aldenham Country Playground

Play facility for children and young people with special needs.



Aldenham Country Park support the SEND community with half price sessions, 3 sessions daily lasting 2 hours, for up to 3 families, these can be booked here.





Save the date...



Contact Ealing Christmas Party

for the whole family

Date: Saturday 16th December 2023
Venue: Ealing Project, 1 High Street, Ealing W5 5DB
Time: 11am to 2pm

Booking details will be shared closer to the time.

SEND friendly clubs

Click on the images for links to the web pages.



Are you looking for an After School Club for your child? The Log Cabin are SEN specialists, but fully inclusive - all are welcome!

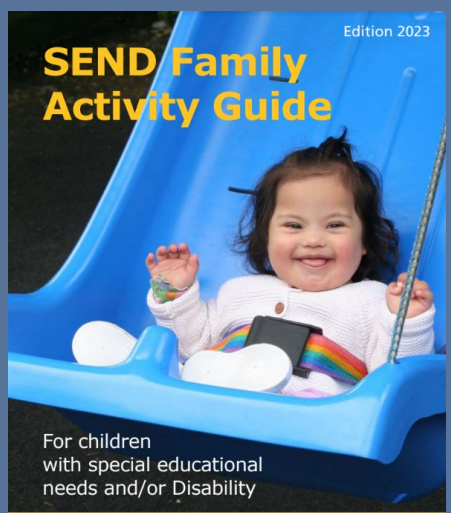
✅sessions from £14
✅childcare vouchers accepted
✅SEN specialists, but fully inclusive. All are welcome.
✅hot meal provided
✅late pick-ups at 6:30pm

Contact the Log Cabin at info@logcabin.org.uk or call them on 020 8840 3400





Click here for more information and to book.



For more ideas, please see our 'SEND friendly things to do' page on our website.

SEND friendly things to do